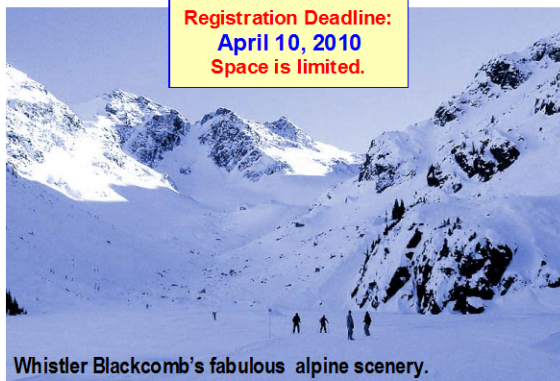


Registration Deadline:
April 10, 2010
Space is limited.



Whistler Blackcomb's fabulous alpine scenery.

**BOC/
LATHROP**
Summer Ski Camps

BOC/Lathrop Ski Camps
P.O. Box 2021
South Londonderry, VT 05155
Tel: 802-824-5310

Summer Camp 2010
Registration Form
(Fill out one form per racer.)

Name of Racer: _____
Address: _____
City: _____ State: _____ Zip: _____
Home Tel: _____ Bus. Tel: _____
Email: _____ Cell: _____
Mother's name: _____ Cell: _____
Father's name: _____ Cell: _____
Attended a Bromley Race Camp before? Yes No
If yes, which one? _____

Junior Racer: Boy Girl Age: _____ Grade: _____
Ski Club: _____

Family: Please request a separate form and pricing.
Family members attending: Mom Dad No. of Kids: _____

Lodging Roommate(s):

Roommates assigned unless requested below:
Roommate: _____ or Please assign roommate

Checks payable to: BOC/Lathrop Summer Ski Camps
Credit Card: circle one => Visa MC Amex
Credit Card Number: _____
Name on Card: _____
Expiration Date: _____ PIN No.: _____

Payments: Deposit..... April 10.....\$600
Camp Balance..... June 1.....\$1695
Airfare..... upon booking (with CC)

Travel & Camp Details

Fly into Seattle or Vancouver

Skiers can fly into Seattle (5 hr. drive to Whistler) or Vancouver (2 hr drive). About May 1 when airlines offer any special summer fares, the appropriate arrival city should become obvious, as well as the transfers to Whistler.

Airport Bus Vancouver to Whistler

From the Vancouver Airport (YVR), arriving skiers can take a bus (Pacific Coach Lines) directly to Whistler (2 hours), and return the day of flight departures.

U.S. Passport for Canada

US citizens need a **valid passport** for entering and leaving Canada. Coaches will collect and hold the passports of juniors during the camp to prevent misplacements.

Luggage Requirements for Flights

Airlines usually allow one ski bag under 50 lbs, one duffle bag under 50 lbs, and one carry-on bag per person. Ski boots should be carried on separately (over shoulder). Overweight charges are hefty and not included. Luggage policies vary from airline to airline and change often!

Suggested Skis

Bring a pair of Slalom and GS skis. If bringing only one pair, slalom skis would be preferable. A pair of skis and bindings weight about 15 lbs.

Lodging & Meals

Lodging and 3 meals/day are included in the package. Racers stay in condos in Blackcomb Village near base of lifts. Meals start with dinner on the day of arrival. Any meals during the 2 travel days are not included.



3 golf courses are located at Whistler Blackcomb, and 2 more are within 45 minutes. Soft spikes required.

2010

**BOC/
LATHROP**
Summer Ski Camps

Whistler Blackcomb

British Columbia, Canada

July 2-12, 2010



Brittany Lathrop

2010 Whistler Cup Team
2010 Vermont State SL & GS Champion
2010 Eastern J3 Jr. Olympic SG Champion

Photo by Bob Mangiacotti

Directed by

Steve Lathrop

Former member U.S. "A" Ski Team
F.I.S. World Championship Team
U.S. Downhill & Combined Champion

B.O.C.
Bromley Outing Club

Peru, Vermont

Offering elite winter racing
programs for Juniors and
Masters racers.

Presented by



BOC/Lathrop Summer Ski Camps

Junior Racers & Parents

Whistler Blackcomb July 2-12, 2010

The vast Blackcomb glacier offers racers terrific opportunities for intensive skiing and gate training. Effective summer camps allow skiers to identify and correct technical issues without the pressure of preparing for upcoming races. Lathrop's proven progression of free-skiing drills, stubby courses and tall gates gives racers a perfect occasion to advance their racing technique, skills and tactics.

Racers and staff stay in Blackcomb Village, a short walk to the lifts. Skiers load lifts at 7:30, train the entire morning (sometimes to 2 pm with lunch on the glacier). Afternoons are free for a variety of summer activities.

Cost: US\$2295

Cost Includes:

Lifts, lodging, 3 meals/day plus a snack, and training camp — 8 days of skiing, weather permitting. Airfare is not included.

Departure City: Hartford, CT

Arrive Fri, July 2. Return Monday, July 12.

Racers can fly from any city to Vancouver and connect to the bus transfer to Whistler. Families can rent cars from Seattle or Vancouver airports. Camp coaches will likely fly in/out of Hartford, CT (TBC in April) and travel with racers through US and Canadian customs.



Lara Lathrop
2009 Vermont State
J4 GS Champion

Photo by Bob Mangiacotti



The Blackcomb glacier provides fabulous summer race training.

Who are the camps for?

All Junior Racers, ages 10-16

The race camps are intended for all ski racers who are looking to take their racing to the next level with intensive training sessions. Former US Ski Team member and long-time racing coach Steve Lathrop heads up an experienced staff of coaches from the BOC racing program.

Daily Schedule

— 7 Days of Skiing, 1 Day Off —

(Weather Permitting)

6:30- 7:00	Breakfast
7:30- 8:00	Load lifts
8:30-11:30	Morning training session
11:30-12:30	Lunch on glacier
12:30- 2:00	Afternoon training session
2:00- 6:00	Afternoon activities
6:00- 7:00	Dinner

Parents & Families Welcome

Parents or families may also join the group and stay in their own slope-side 1- or 2-bedroom condos with full kitchens. Many restaurants are in the area. Free-skiing on the glacier is open to the public starting at 11 am. Lift tickets may be purchased on a daily basis. Inquire for lodging reservations. Approx. rates:

- 1-bedroom condos Can \$170/night + tax
- 2-bedroom condos Can \$210/night + tax

BOC/Lathrop Summer Ski Camps

Box 2021, South Londonderry, VT 05155

Tel: 802-824-5310

Email: lathrop@applerise.com

Elite Coaching Staff

Besides Steve Lathrop, experienced race coaches from the BOC racing program round out the elite staff for the BOC/Lathrop Ski Racing Camps.

Steve Lathrop

U.S. Ski Team
F.I.S. World Championship Team
U.S. Downhill & Combined Champion
CanAm Slalom Champion
U.S. Jr. National Slalom Champion
Director Lathrop Ski Camps-15 years
Presently Head J4, J5, J6 Coach BOC/Bromley



Lathrop Training Program

Lathrop has been involved with coaching all ages of ski racers for all of his career. Formerly director of the Lathrop Ski Camps, which pioneered recreational racing camps, and recently as an active USSA junior racing coach in Vermont, he has developed a highly effective progression for coaching ski racing that produces great results, including Vermont State Championship titles in 2009 & 2010 for 2 of his own children (Britt and Lara).

Whistler Blackcomb Resort

Canada's largest ski resort is located 2 hours north of Vancouver in British Columbia, Canada. Famous for its large summer skiing glacier and site of the alpine events of the 2010 Winter Olympic Games, it is also renown for offering a large variety of summer activities after the morning ski sessions — superb hiking, mountain biking, canoeing, horseback riding, golf, rafting; and a zip line, bungee jump and thrill zone for thrill-crazy kids. Five golf courses are in the Whistler Blackcomb vicinity. Extra curricula activities are not included.

